

Friday, February 19, 2016 2:30–4:00 PM

#### Active Living Workgroup

Present: Juana Ballesteros, Bill Dart, Karen Shoup, Melody Geraci, Noah Franklin, Richard Sewell

UIC MidAmerica Center for Public Health Practice (MCPHP) Staff: Christina Welter, Jamesetta Mator

Agenda Item	Discussion/Updates	Action Items/Decisions Made	Responsibility
Welcome and Roll Call	SHA and Chronic disease Databook are posted on website	Attendees introduced themselves.	Deadline
Meeting Purpose	<ol> <li>Meeting objectives: Focus on Active living</li> <li>Assess agreement on health outcome and objectives</li> <li>Build and analyze activities/initiatives to address the objectives</li> <li>Brainstorm implementation steps where possible and time allows (e.g. recommended champion, launch steps, etc) that reflect the role of the public health system in plan implementation</li> <li>We would like to review the draft of programs that have been matriculated by the work group and talk through them, add things that should be there and give feedback         <ol> <li>are the programs listed/decision criteria appropriate?</li> <li>do we have the resources</li> <li>how could it address SDoH</li> </ol> </li> </ol>		
Review Health Outcome objectives	<ul> <li>a. The health outcome objectives are taken from the databook – Row 4 and 5</li> <li>i. We will work with the department later to see what is</li> </ul>		



ii. Should we add health outcome measures?
b. We have to propose long term outcomes of how our work will be measured.
c. We will also need short/mid-range measures of success that align with the health outcomes and initiatives. We will check the alignment at a future meeting
d. At this time however, does anyone strongly disagree with the proposed health objectives?
<ul> <li>a. Looking at these now, does anyone have questions, comments?</li> <li>1. The goal objectives were reviewed and edited</li> <li>2. Objective 2: revised and possibly changed</li> </ul>
<ul> <li>b. Does anyone strongly disagree with these proposed objectives?</li> <li>1. Changes were made in google drive where disagreement of proposed objectives were made</li> </ul>
Take time to read what is listed already for strategies
<ul> <li>a. Do you have any questions about what is listed?</li> <li>b. Don't critique anything yet. What is missing/what would you add? For example, are community/clinical linkages addressed?</li> <li>c. Narrow down or clarify the list, if possible: How are these statewide strategies? Are the promising practice/evidence-based? How do they address SDOH? How might they be implemented statewide (e.g. data, clinical/community linkage etc)? Are these the 'right' strategies/Will these meet the objective/address the objective?</li> <li>1. The strategies were edited in google drive</li> </ul>
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Quick reflection check on objectives after strategy brainstorming	a. Given what you're seeing today, are there any objectives missing overall?  None	
Next Steps	Next Friday – Meet February 26 <sup>th</sup> , 2016 March 4 <sup>th</sup> – entire committee will meet together March 14 <sup>th</sup> – 1-4pm at IDPH offices	
Public Comment	None	
Adjourn	Meeting adjourned at 4:00PM	

### **Tobacco-Free Living Workgroup**

Present: CJ Metcalf, Gail DeVito, Tiffanie Pressley, Kathy Gray, Mark Peysakovich, Kristina Hamilton, Joanie Padilla, Jay Bhatt

<u>UIC MidAmerica Center for Public Health Practice (MCPHP) Staff:</u> Jennifer McGowan, Liz Fisher

Agenda Item	Discussion/Updates	Action Items/Decisions Made	Responsi bility/
			Deadline
Welcome/ Roll Call	<ul> <li>SHA and Databook are posted on the website</li> <li>Also located on the Box account in Strategies &amp; Resources folder</li> </ul>		



Meeting Purpose	<ul> <li>Building and analyzing activities to address the objectives</li> <li>•</li> </ul>	
Review Objectives	<ul> <li>Health outcomes measure: Reduce percentage of Illinois adults reporting smoking by 3%         <ul> <li>Data retrieved from Databook</li> <li>BRFSS will be revisited for further data</li> <li>Information that was looked at when assessing core indicators</li> <li>Propose long term outcomes of how work will be measured</li> <li>This outcome is measureable</li> <li>Can be addressed in 5 year period of the SHIP</li> </ul> </li> <li>No strong opposition         <ul> <li>Comments related to the measure:</li> <li>Data sources typically used are collected by the department</li> <li>Peysakovich: BRFSS has been incorrect at times and there are additional data sources that may be beneficial to corroborate whether progress has been made</li> <li>DeVito: The department conduct a survey yearly on tobacco use that will also be a good data source</li> </ul> </li> <li>Objective 1: Adopt comprehensive tobacco control programs</li> <li>Objective 2: Pursue passage of state and local legislation that would raise Illinois' legal age to purchase tobacco products from 18 to 21</li> <li>Objective 3: Increase the unit price for tobacco products</li> <li>No strong opposition</li> </ul>	Mid- and short-range outcomes will be discussed at future meetings
	o Bhatt: We are doing a Lobby Day in Springfield on the 13 <sup>th</sup>	



	and the Quality Conference on the 14 <sup>th</sup> along with additional Quality Control events that may serve as a good platform for expressing objectives and legislative action  Leverage existing activities			
Review Strategies	<ul> <li>Objective 1: Adopt comprehensive tobacco control programs</li> <li>Program 1: Funding to conduct Evidence-based- best practice cessation programs</li> <li>Program 2: Acquire funding for tobacco prevention/cessation efforts statewide according to CDC best practices         <ul> <li>Hamilton: Combine Programs 1 and 2</li> <li>Program 3: Maintain funding for the Illinois Tobacco Quitline</li> <li>Program 4: Enhance enforcement of the Smoke-Free Illinois Act</li> <li>ICAT can't do many of these things – it will have to be IDPH</li> <li>Peysakovich: Government should be the enforcing agency not a nonprofit (ICAT)</li> </ul> </li> <li>Program 5: Grassroots campaign to encourage adults to stop smoking in cars with minors</li> <li>Additional comments:         <ul> <li>Illinois State Medical Society is mentioned frequently but I'm not sure how engaged they are – we might want to consider who are the right specialty organizations to get involved outside of medical societies</li> <li>Choose organization with history, specialty,</li> </ul> </li></ul>	0 0	Program 1 and Program 2 combined: Funding to conduct Evidence-based- best practice cessation programs/Acquire funding for tobacco prevention/cessation efforts statewide according to CDC best practices "Continue to work to denormalize smoking" in Objective 2 is moved to Objective 1 IDPH serves as champion role for Program 4	



roots with topic area  Environmental changes – smoke-free houses, hospitals, schools  Not difficult to do and has a lot of impact  Hamilton: Agreed, in Objective 2 continue to denormalize smoking – which is in line with smoke-free buildings  Consensus: Fits better in Objective 1  Decision-criteria for strategies  If you add it into the ITFC Grant – most health departments have the tobacco free community track so that gets implemented statewide  How do these strategies meet our over-arching criteria?  The one related to environments should be correlated with addressing social determinants of health.  Bhatt: In what part of the state are some of these strategies working well? This is possibly a precursor.  Bhatt: Campaign, reinforce messaging – design could encompass the denormalization or smoking or social determinants related to smoke  Bhatt; Consider illegal retail of cigarettes – without tax being paid related to a reward program  O Increase price for tobacco products and ensure unit price and tax price are being	



paid	
DeVito: Elimination of multi	-pack

- o DeVito: Elimination of multi-pack discounts and coupons
- Should goal be to make tobacco products cost more prohibitive?
  - Especially products like little cigars and other products that are taxed less than cigarettes
- Consensus is there is no disagreement. All can be implemented state-wide, are evidence-based, address environmental issues and social determinants
  - Kathy: Smuggled and counterfeit cigarettes though we work to pass laws to deal with that it's the Department of Revenue who should take on that roll – do we work with them?
  - SHIP is a broad plan beyond the department.
     Something should not be disregarded because it involves another state agency.
- Objective 2: Pursue passage of state and local legislation that would raise Illinois' legal age to purchase tobacco products from 18 to 21
  - o Educate Local Leaders and State Legislators
  - o Continue to work to denormalize smoking
  - o Program 1: Pass Tobacco 21 law in Illinois
    - Changed to: Policy advocacy around passing Tobacco
       21 law
  - o Program 2: Highlight Tobacco 21 initiatives at the local level
  - o Raise cigarette taxes statewide besides Cook County
  - o Raise other tobacco product taxes statewide



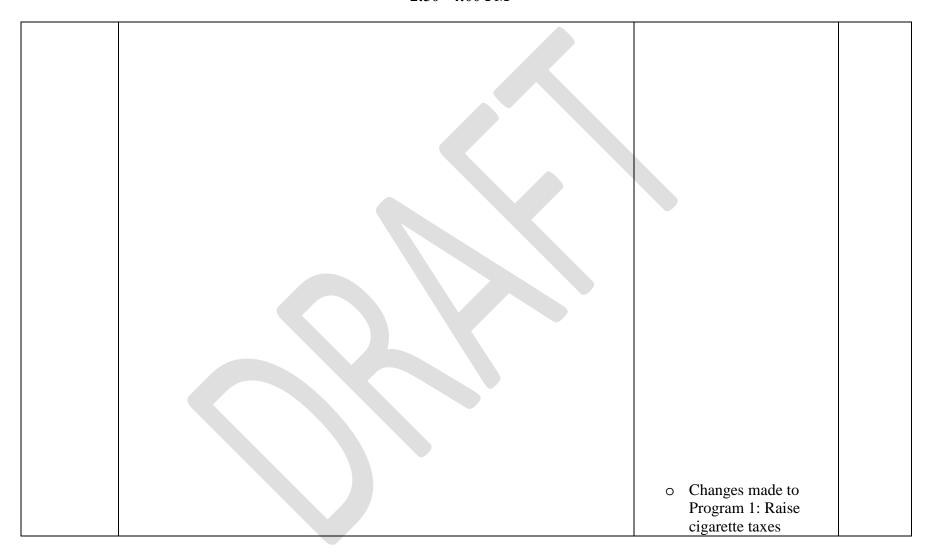
- O Raise e cigarette taxes statewide
- o Additional comments/questions:
  - Kathy: Unsure why taxes are listed under Obj. 2 because they're not related
  - Hamilton: Originally it was under Obj. 3
  - Hamilton: Educate local leaders and state legislators (Program 1) is integral to expressing the essence of the law that is in consideration and garnering support
    - Activity vs. Strategy
      - o More of an activity/tactic
      - o Think of the way you leverage media and messaging as a strategy OR the high-level strategy IS to develop a campaign and speak to legislators
        - Can't it be both? Media advocacy would be the strategy and working with the media would be the activity or letters to the editor would be the activity. The broad description of "media advocacy" would be the strategy and activities are "write a letter to the editor" and more
        - Media advocacy, Policy advocacy
- Objective 3: Increase the unit price for tobacco products
  - o Program 1: Raise cigarette taxes statewide besides Cook



0	County Program 2: Introduce Legislation to increase and create equal taxation on ALL types of tobacco/e-cigarettes/Tobacco derived Products Program 3: Elimination of discounts for tobacco products, ensuring taxes are paid on tobacco products Program 4: Loosies = the single sale of cigarettes on the street corner Program 5: Address issues of tax evasion/smuggling/counterfeit  Activity: Ensure compliance in general/ensure	0	Program 2 changed to Policy advocacy around passing Tobacco 21 law in Illinois	
0	compliance by retailers not selling to underage individuals/Department of Revenue agents are aware, trained, and have appropriate funding  Tobacco enforcement, compliance checks receive a very small amount of funding in comparison to work that needs to be done/has been done  Additional comments/questions  Kathy: The reason why we put to raise taxes outside of Cook County – it will be almost impossible to do it statewide because it's so much higher in Cook County – or make the entire state equal in terms of taxes  Not sure if we can do that – it's not something we've talked about. Should we raise taxes outside of the city of Chicago to match Chicago?  O Is it realistic?  Move higher on the list of states – might be	0	Additional Program (3): Leveraging media, messaging in support of Pass Tobacco 21 Law (media advocacy)	









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		statewide by X% besides (outside Chicago) O Addition of Program 3, 4	
Reflection	<ul> <li>Given what you're seeing today, are there any objectives missing overall?</li> <li>Kathy: E-cigarette flavors addressed in Objective 1</li> </ul>		
Next Steps	<ul> <li>Survey may be sent out so that we can be sure of opinions and comments given today</li> <li>Email will describe specifics of what is necessary for next week</li> <li>No public comment</li> </ul>		
	Adjourned 3:58 PM		

### Healthy Eating Workgroup

<u>Present:</u> Vincent Bufalino, Emily Hendel, Jennifer Herd, Cheri Hoots, Thomas Hornshaw, Kathy Lahr, Poonam Mahajan, Cheryl Metheny

UIC MidAmerica Center for Public Health Practice Staff: Karli Greene, Guddi Kapadia, Geneva Porter

Topic	Discussion/Updates	Responsibility/
		Deadline



Welcome/Logistics	Attendees on call confirmed their presence by acknowledging when his/her name was	
	called.	
Agenda	Welcome and roll call	
	SHA and Databook are posted on website	
	Meeting Purpose	
	Review health outcome objectives	
	Review goal Objectives	
	Review collected recommend strategies to meet the objectives	
	Quick reflection check on objectives after strategy brainstorming	
	Next Steps	
Objective 1	-Consensus on goal, outcomes measures, and all objectives.	
	Objective 1	
	Objective 1	
	Elements of HEAL initiative	
	o Who is accountable for ensuring the funds are directed appropriately to	
	public health initiatives?	
	<ul><li> Is the tax going to be paid by the distributor/retailer or by the producer?</li><li> What is the goal? If we are trying to change consumer behavior, 1 cent is</li></ul>	
	not going to make an impact.	
	Measures of success: 3 relate to sugar industry and 1 relates to	



	purchasing, so the goal should be targeted towards changing the industry	
	Public Opinion Polling and Fundraising	
	o Important strategies of other states to get the legislature and community	
	to take notice of initiatives	
	o IAPO did this in early stages through state-wide focus groups, so this	
	can be taken off as a strategy.	
	Combine initiatives that ensure funds generated by the tax are dedicated to	
	public health	
	Enhance the food label program includes: menu labeling, make labels more	
	understandable, add % of sugar to the label	
	<ul> <li>Food label program, cooking class strategy, and promoting local healthy eating</li> </ul>	
	programs may fall under a different objective	
	Launching a statewide "Rethink your Drink" Campaign in schools can help	
	people understand the harms of sugar sweetened beverages	
	<ul> <li>Healthy eating programs should be moved to the communications objective.</li> </ul>	
	<ul> <li>Health care institutions restricting SSBs could be moved to objective #3</li> </ul>	
Objective 2	Combine strategies surrounding data collection and environmental scans of	
	healthy food pricings	
	Add School Nutrition Association as a champion organization in improving	
	public school lunch standards	
	Combine SNAP strategies	
	IAPO, CLOCC, and AHA, already work on double-buck incentive programs	
	and improving public school lunch standards	
	Expand double bucks program to include purchasing healthy foods in grocery	



Objective 3	<ul> <li>"Establishing other areas of funding for healthier food retail" aims to improve funding for city/rural communities that have smaller retails, through incentive programs</li> <li>Modify the built environment to decrease access to unhealthy foods         <ul> <li>Utilize cafeteria space to promote healthy foods: switch unhealthy items to healthy items, post educational advertisements like Myplate that encourages filling up plates/trays with fruits and vegetables</li> <li>"Marketing strategies" should move to the communication objective</li> <li>Combine "healthy vending" strategies and expand to also include procurement</li> <li>Move nutrition education in public schools and marketing technique strategies</li> </ul> </li> </ul>	
Objective 4	<ul> <li>to objective 4.</li> <li>Move "Price healthier foods cheaper than unhealthy foods" to objective 2 or 3</li> </ul>	
Next Steps	-Meet Feb 26 and hold March 4 -Planning Council and Action Teams: March 14 1-4 at IDPH offices	Link to box will be provided to action team members.
<b>Public Comment</b>	None	
Adjourn	Meeting Adjourned at 3:45PM.	